



SEEECCC AUGUST 2018 EMAIL UPDATE

www.earlychildhoodedm.ca/southeast

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EARLY CHILDHOOD INFORMATION & RESOURCES

FALL PRESCHOOL INFORMATION

There is more and more research that shows that early learning that occurs at a good quality preschool makes a long-lasting impact. Did you know... *"For every dollar invested in the early years, \$7 is saved in later years."* **Check out the articles below and read more about why preschool is so important.**

+ Kids Who Went to Preschool vs. Those Who Didn't

<http://everydaylife.globalpost.com/kids-went-preschool-vs-those-didnt-12262.html>

+ 10 Good Reasons Your Child Should Attend Preschool

<http://www.greatschools.org/gk/articles/why-preschool/>

+ Why Preschool Matters <http://www.parents.com/toddlers-preschoolers/starting-preschool/curriculum/why-preschool-matters/>

Remember, financial support is available from our provincial government for Stay-At-Home Parents and there is also a Childcare Subsidy Available. To find out if you qualify and for more information go to... <http://www.humanservices.alberta.ca/financial-support/15104.html>

COMMUNITY LEAGUE MEMBERSHIPS

Find your community and become a member today!

<https://efcl.org/league-directory>

ALBERTA RESEARCH CENTER FOR HEALTH EVIDENCE

(Looking for Participants!!)

Researchers at the University of Alberta are collecting information on the use of knowledge translation (KT) tools on child health topics. They are seeking volunteers to evaluate three different KT tools, and participate in a one-on-one interview in person, or via phone, at a time and place convenient for you. The evaluation forms for the different KT summary are simple scale score questionnaires. The interview will discuss what you think are the pros and cons of each of the different KT summary products, as well as gather general information about how and what is the best way to present health evidence to parents that is useful and easy to understand. This research hopes to provide a model to summarize evidence on child-health topics which meet the needs of parents!

If you would like more information about the study please don't hesitate to contact the Study Coordinator, Dr. Sarah Elliott (780 492 6248 or se2@ualberta.ca).

PRIMROSE FAMILY RESOURCE CENTRE FALL PROGRAMS

Primrose has a terrific line-up of free weekly programs for families and free evening workshops for parents (supper and childcare is included) for the fall so check out their attached Program Guide. Also, new this fall is that you can sign-up for the PRIMROSE FREE PARENT WORKSHOPS on-line at www.primroseplace.org/family-resource-centre/workshops/

FREE COMMUNITY & CITY-WIDE PROGRAMS

GREENSHACK PROGRAMS

A playground leader will deliver FREE playground programs that includes sports, games, activities and crafts; ages 6-12 years (children under age 6 are also welcome but must be supervised by a parent or caregiver at all times)

Capilano Community Park (10810-54 ST) July 3- August 23: Mon-Fri 2:30-6PM

Gold Bar Park (4620-15 Ave) July 3- Aug 23: Mon-Fri 10AM-1:30PM

Holyrood (9411 Holyrood Road) July 4- Aug 24; Mon-Fri 10:30Am- 1:30 PM

Ottewell (5920-93A Ave) July 30- Aug 3; Mon- Fri 2:30PM-6PM

POP UP PLAY

Cloverdale Playground (9411-97 Ave) -July 3-Aug 23 Tuesday & Thursdays ONLY 2:30-6PM (except during the Edmonton Folk Festival Aug 9-12)

Kenilworth (7104-87 Ave) July 3- Aug 23 Tuesday & Thursdays ONLY 10AM- 1:30PM

PRICELESS FUN SPRING/SUMMER GUIDEBOOK

Free or low cost arts and culture, sport and recreation, events, and leisure opportunities https://www.edmonton.ca/activities_parks_recreation/documents/PricelessFunSpringSummer.pdf

FREE THINGS TO DO IN EDMONTON

Looking for ideas of activities to do in Edmonton this summer for free? Then look no farther - check out this great blog with a terrific list that will keep your family busy and happy! <http://www.raisingedmonton.com/>

CITY OF EDMONTON FREE DROP IN COMMUNITY PROGRAMS

The City of Edmonton runs FREE programs (Pop Up Play, Flying Eagle, and Green Shack Playground Programs) for ages 6 - 12 Mon- Fri throughout the summer at community playgrounds. Children under 6 are invited to attend with a parent/guardian. Join in games, sports, crafts, etc. [Drop In Free Programming](#)

FREE DROP-IN SWIM AT OUTDOOR POOLS

Drop-in swimming at outdoor Edmonton pools will be FREE for the entire outdoor pool season starting July 1!

It is part of Canada's 150th anniversary of Confederation. The city's four outdoor pools are: Queen Elizabeth (9170 Walterdale Hill), Fred Broadstock (15720 - 105 Ave), Mill Creek (9555 - 84 Ave) and Oliver (10315 - 119 Street). For more info, click on the link.

[Outdoor Pool Info](#)

This now includes [Borden Swimming Pool!](#) Borden Natural Swimming Pool is Edmonton's newest summer destination. Borden Natural Swimming Pool is Canada's first public, man-made, natural swimming pool. A great family pool in beautiful Borden Park, it is surrounded by sand and plenty of lounge space with umbrellas, making it a perfect destination to enjoy a summer day. As no chemicals are used to disinfect the water, the guidelines of the pool are different from other outdoor pools. Please read the pool guidelines before visiting the facility.

SUMMER STARTS AT EPL

Summer Starts at EPL runs from **June 23 - August 25** and offers games, prizes and activities to encourage kids of all ages to read, create and explore during the summer months. The EPL Summer Program Guide is now available at all EPL locations. For a complete list of the Summer Starts programs, please visit the EPL event calendar. [EPL Calendar](#) For the events happening at our local South East Library Branches click on these links.

Capilano Branch: https://www.epl.ca/wp-content/uploads/sites/18/2018/06/SSEPL_Calendar_8.5x11_April2018_CPL.pdf

Idylwyld Branch: https://www.epl.ca/wp-content/uploads/sites/18/2018/06/SSEPL_Calendar_8.5x11_April2018_IDY.pdf

FAMILY BASEBALL FUN - Tuesday Nights from 6-7pm

Fulton Baseball Field (62 Street and Fulton Road)

Tuesday nights from July 3 - August 21 at 6pm

A chance for families with children approx. 4 - 12 to play some baseball. **More info: Jenny 780-435-6328.**

WEDNESDAY PLAY MOBS IN SOUTH EAST EDMONTON PLANNED BY FAMILY FUTURES

We'll bring the bubbles, chalk, parachute and other fun activities for the family. Feel free to say the whole time or just stop by for a quick visit! Parental involvement is required & encouraged! Recommended age: 0 - 6 years

South East Play Mob Locations

TUESDAYS: July 10 - August 21, 10:00- 11:30 a.m.

July 31: Lee Ridge 440 Millbourne Rd. East
August 7: Daly Grove 1888 – 37 St. NW
August 14: Charlesworth, 5805 3 Ave. SW
August 21: Tamarack Park, Tamarack Rd. NW

THURSDAYS: July 12- Aug 23, 10:00- 11:30 a.m.

August 2: Richfield 7910 36 Ave. NW
August 9: Pollard Meadows 1751 48 St. NW
August 16: Minchau Park 3615 Mill Woods Rd. East
August 23: Silverberry Park, Silverberry Rd. NW

South West Play Mob Locations

WEDNESDAYS: July 11- Aug 22 10:00 -11:30 a.m.

August 1: Richford Park, 8th Ave. & 108 St. SW
August 8: Hodgson Park, 503 Hodgson Road NW
August 15: Duggan Park, 3728 106 St. NW
August 22: Steinhauer Park, 10717 32A Ave. NW

FRIDAYS: July 13 to August 24, 10:00 - 11:30 a.m.

August 3: MacEwan Park, 119 St. & McEwan Rd. SW
August 10: Terwillegar S. Park, 7199 S. Terwillegar Dr.
August 17: Greenfield Park, 3803 114 St. NW
August 24: Keheewin Park, 10710 19 Ave NW

FAMILY NATURE NIGHTS - Wednesday Nights

Wednesday nights from 6:30-8:30pm from July 11 to August 15

Free Fun for the whole family. Family Nature Nights run rain or shine.

August 1 - Trees Theme at Jackie Parker Park (4540-50ST)

Aug 8 - Butterflies & Spiders Theme at Hawrelark Park (9330 Groat Road)

August 15 - Fungi and Lichen Theme at Twin Brooks Nature and District Park (1510 - 119 Street)

PROGRAM GUIDES, FESTIVAL INFORMATION, & CITY PROGRAMS

EDMONTON AND AREA FESTIVALS

What is going on in Edmonton? Check out this list of festivals: film, music, food, theatre, art and family-friendly festivals. If it is happening in Edmonton, it is listed here.

[Edmonton Festivals](#)

EDMONTON HERITAGE DAYS FESTIVAL

August 4-6, 2018- The festival is a 3-day event to sample delicious food, see creative performances & celebrate Canada's multiculturalism. <https://www.heritagefest.ca/>

CARIWEST FESTIVAL AUG 10-12 FEDERAL PLAZA BUILDING

Cariwest is one of Edmonton's most colourful and vibrant festivals! It was introduced more than 30 years ago, by the Western Carnival Development Association (WCDA), to fill the need of Caribbean Canadians to share their Music, Cuisine and Carnival Culture.

<https://www.cariwest.ca/>

YOUTH DAY 2018- AUG 11 CASTLEDOWNS PARK (11520-153 Avenue)

Lets' empower the youth of today!

<http://www.iheartradio.ca/virginradio/edmonton/events/youth-day-yeg-2018-1.3827023>

37th EDMONTON INTERNATIONAL FRINGE FESTIVAL

AUGUST 16-26, 2018

in the heart of Old Strathcona.

Fringe Theatre is for YOU because *fringing* is for everyone! It's an experience that captivates and cultivates. It brings artists and audiences together to celebrate creativity, risk, craft, and community. <https://www.fringetheatre.ca/>

FREE SUMMER ONE TIME EVENTS

OPEN FARM DAYS

Saturday, August 18 and Sunday, August 19

Alberta Open Farm Days is a collaborative, province-wide event that gives Albertans an opportunity to experience the farm and understand where their food comes from. It is a backstage pass to meet the farmer, experience Ag-tourism in Alberta and taste local foods direct from the producer. Click the link below to check out locations of participating farms. www.albertafarmdays.com

STRATHEARN ART WALK & SALE

Saturday, September 8, 2016 from Noon-7pm at Strathearn Drive Parkland (8521 - 98 Avenue)

Painters - Sculptors - Musicians - Photographers - Authors - Crafters- Metalworkers - Entertainers - Industrial Designers - Poets - Illustrators For information:

www.strathearnartwalk.com

