

SEEECCC NOVEMBER 2019 EMAIL UPDATE

www.earlychildhoodedm.ca/southeast

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Want to learn more about the Early Childhood Coalitions in and around Edmonton and throughout Alberta? The early years matter!! Check out the new and improved ECCA website:

<https://ecdcoalitions.org/>

EARLY CHILDHOOD RESOURCES AND INFORMATION

LEARNING SYMPOSIUM AND LITERACY FAIR- NOVEMBER 7 FROM 1:30PM-3:30PM AT NORQUEST COLLEGE

The City of Learners, in collaboration with the Edmonton City Council's Literacy Initiative, invites you to participate in its first Learning Symposium and Literacy Fair, to be held November 7 at NorQuest College. The Edmonton Public Library is home to the City of Learners initiative. This community-led initiative works collaboratively and creatively with community partners to identify, incubate, pilot, and engage in learning activities for all Edmontonians. The Literacy Initiative

is led by the City of Edmonton. It acknowledges the importance of literacy to quality of life and supports community organizations providing literacy and financial empowerment services. The goal of this two-part event is to bring together invited guests from formal and informal learning organizations throughout Edmonton to explore how we can work together as we grow a learning city. The Learning Symposium will be a collaborative discussion on topics related to learning, aiming to explore gaps and identify opportunities to connect through shared purpose. The Literacy Fair is a fabulous networking opportunity open to any literacy practitioner (teachers, caregivers, social workers, etc.) to learn about the work of the various learning organizations throughout our city. (see attached for more information)

Eventbrite link: <https://www.eventbrite.ca/e/city-of-learners-symposium-and-literacy-fair-tickets-71121904531>

GO PURPLE IN NOVEMBER- NOVEMBER IS FAMILY VIOLENCE PREVENTION MONTH IN ALBERTA

Remember, you can show your support anytime in November by wearing purple or a purple ribbon, posting your photos on social media and using the hashtags [#GoPurpleAB](https://twitter.com/GoPurpleAB) and [#ReachOutSpeakOut](https://twitter.com/ReachOutSpeakOut). The colour purple has been used for many years, all over the world, in support of family violence prevention.

<https://www.alberta.ca/family-violence-prevention-month.aspx#toc-1>

GUIDE TO EXECUTIVE FUNCTION

Executive function and self-regulation skills are like an air traffic control system in the brain—they help us manage information, make decisions, and plan ahead. We need these skills at every stage of life, and while no one is born with them, we are all born with the potential to develop them. But, how do we do that? The Center on the Developing Child created this Guide to Executive Function to walk you through everything you need to know about these skills and how to develop and practice them throughout life.

[Executive Function- Harvard Center for the Developing Child](#)

MATERNAL EMPLOYMENT STUDY, DR. RHONDA BREITKRUEZ (UNIVERSITY OF ALBERTA)

Through her *Gender, Family & Policy Research Initiative* at the University of Alberta, Dr. Rhonda Breitkruez is leading a study that examines the employment experiences of mothers and the contextual factors that influence their employment decisions when they have preschool-aged children. The information for this study will be collected through focus groups and individual interviews that will take place over the month of November in Edmonton. They love to meet mothers with preschool-aged children (1-5 years) who are interested in sharing their experiences of motherhood and employment for this important study! Email the Project Manager, Melanie, at mothers@ualberta.ca if you have any questions or concerns or would like to participate.

TIPS ON DENTAL CARE FOR CHILDREN FROM ABOUTKIDSHEALTH

To mark October 20-26 as Ontario Dental Hygiene Week, AboutKidsHealth is sharing tips for keeping your children's teeth and gums healthy. Dental care from an early age is important for preventing tooth decay. Tooth decay happens when the acid produced by bacteria in plaque is left around the teeth and gums. The acid eats away at tooth enamel, causing cavities.

<https://www.blog.childrenshealthcarecanada.ca/blog/2019/10/21/tips-on-dental-care-for-children-from-aboutkidshealth>

GRIT PRESENTS: RESHAPING OUR CONVERSATION ABOUT INCLUSION

WHO SHOULD ATTEND:

Individuals interested in supporting the quality of life for people with disabilities throughout the lifespan.

DECEMBER 2/19- 6:30 pm to 8:30 pm Disabling Segregation & Conversation and Reception with Dan Habib @ The Kings University 9120 - 50 Street **COST:** \$50 per person

DECEMBER 3, 2019 - 9:00 am to 4:00 pm Keynote Address - The Bigger Picture: What Drives Inclusion?; Strengthening the Path to Inclusion; Hope to Action; The Rights of the Child; Looking Ahead to a Bright Future @ Edmonton Inn Conference 11834 Kingsway Avenue **COST:** \$195 per person

For More Information or to Register go to: [For More Information](#)

Upcoming Free Workshops

PRIMROSE FAMILY RESOURCE CENTRE FALL WORKSHOPS

Primrose Place Family Resource Centre 6311 92 Ave.

Primrose has a terrific line-up of free weekly programs for families and free evening workshops for parents (supper and childcare are included) for the fall so check out their attached Program

Guide. Also, new this fall is that you can sign-up for the PRIMROSE FREE PARENT WORKSHOPS on-line at <http://www.primroseplace.org/family-resource-centre/programs-workshops/#workshops>

IN NOVEMBER & DECEMBER

SECRET LEARNING THROUGH GAMES: A PLAY BASED APPROACH TO EARLY LITERACY DEVELOPMENT; WEDNESDAY, NOVEMBER 13, 2019

5:30 pm Dinner & Registration 5:45PM - 7:45 pm

Play is a child's job. Everyday children set out to discover how the work works. Play and games are both a fun and effective way to support your child's literacy development. This workshop will uncover some of the hidden learning that play and games teach.

QI SENSORY BEHAVIOUR DETECTIVE PART 2 MONDAY, NOVEMBER 18, 2019

5:30 Dinner & Registration 5:45pm - 7:45pm: Workshop

Presenting this new series of workshops where parents will be able to get a deeper, better understanding of concepts and have the opportunity to have meaningful discussions and even become teachers themselves with the direction of Jon Jon and the Primrose facilitator.

SIBLING LOVE: WEDNESDAY, DECEMBER 4, 2019

5:30 Dinner & Registration 5:45pm - 7:45pm: Workshop

Have squabbling siblings? Want to learn strategies on how to help your children get along? Come and have a round table discussion with Alissa Hammond, Behaviour Consultant on the best positive behaviour strategies to help your children get along.

PROBLEM SOLVING; DECEMBER 11, 2019

5:30 Dinner & Registration 5:45pm - 7:45pm: Workshop

Want to learn a simple way to help promote independence, executive functioning and resiliency in your children? Join Alissa Hammond in learning how to teach your children how to learn the 4 steps of problem solving and the benefits of why teaching them early will help them be successful in school, social settings and eventually the workplace!

FULTON CHILD CARE ASSOCIATION FALL WORKSHOPS

Fulton Childcare Association 10310-56 St

<http://www.fultonchildcare.org/wp-content/uploads/2019/05/2019-Program-Guide.pdf>

IN NOVEMBER & DECEMBER:

CHILDHOOD ANXIETY LOCATION: THURSDAY NOVEMBER 14, 2019 6:30 - 8:00PM

To register for workshop, or to arrange childcare, please contact Jessica at 780-667-4383 or fcssdodie@shaw.ca

Anxiety can make children and teens think that bad things will happen to them and that normal life situations will be much worse than they are. But if they can understand their anxious thoughts and feelings, and develop the right coping skills, they can move towards more independence and eventually become happy and secure adults. In this workshop, we will discuss the role of anxiety and how it impacts

brain development. We will also discuss how to recognize anxiety in young children and offer strategies that parents, and caregivers can use to help their children stay regulated.

ENCOURAGING CLEAR SPEECH: TUESDAY DECEMBER 17, 2019 6:30-8:30PM

To register for workshop, or to arrange childcare, please contact Jessica at 780-667-4383 or fcssdodie@shaw.ca

This workshop will be presented by a Speech-language Pathologist Assistant (SLP-Asst.) from Alberta Health Services. During this workshop, you will learn about typical speech sound development, ways to help your child with their pronunciation and clarity at daycare and at home. You will also have a chance to ask questions of the SLP Assistant. This workshop is for preschool children (age 3-6) who are putting words into sentences but not speaking clearly. It provides general tips on how to help reduce your child's frustration with speaking, and where to get more help for your child if needed. Participants will receive a Certificate of Attendance at the end of the workshop. *This workshop does not provide strategies for stuttering.

Family Events

NATIONAL CHILD DAY EVENTS

City of Edmonton Presents:

National Child Day Play Day- November 17, 2019 from 1-4PM

Jamie Platz Family YMCA 7121-178 St NW

They are offering a free, accessible opportunity for children to play in a child directed environment again this year. All activities are free! Bouncy castle, games, crafts and more!
(poster attached)

EPL Presents A National Child Day Celebration

Wednesday November 20, 2019 from 3-5PM at the Capilano Branch (9915- 67ST)

Join your child for this fun, station-based program that promotes learning through play, and take away ideas and activities for more learning and playing at home. No registration is required.

Activities vary by branch. (poster attached)

National Child Day & The Rights of Every Child in Edmonton

Wednesday, November 20, 2019 from 12-1PM at City Hall

On behalf of the Child Friendly Initiative, they would like to invite you to attend a public event to celebrate the Proclamation for National Child Day. Join them to gather together to raise awareness of children's rights and proclaim National Child Day in Edmonton. The event will include children performances, messages from Mayor Iveson, Councillors Esslinger and Paquette, as well as the launch of a children's video.

DADDY BOOT CAMP

Whitemud Crossing EPL (4211-106ST)

Saturdays November 9-30 from 11-11:45AM

Dads just wanna have fun! Hang out with Yukon Jack from 100.3 The Bear every Saturday morning for games, stories, music and other fun stuff. Act like nobody's watching, sing like nobody's listening and enjoy just getting silly with your child.

C.O.W. (CLASSROOM ON WHEELS) BUS FREE PROGRAMMING

Starts this Week!!

**Tuesdays from 8:30am-10am (Oct 1-Dec 6) at Twin Parks/ Maple Ridge
20 Park Ridge Crescent NW Community Hall**

**Fridays from 8:30am-10am (Oct.1 - Dec.6) at Ottewell Community Hall Parking Lot
5920 93A Ave NW**

DROP IN PROGRAM! The COW BUS is a friendly space for parents and children (Ages 0 - 5) to learn and explore fun new ways to add literacy activities into their daily lives!!! The Centre for Family Literacy Staff are on board the bus to welcome your family or dayhome!

Check out your local library as they have terrific FREE programs for you to attend including Sing, Sign, Laugh, and Learn; Family Story Time; and Lego Stop Motion programs to name a few. www.epl.ca

Capilano Branch: [https://epl.bibliocommons.com/events/search/fq=branch_location_id:\(EPLCPL\)](https://epl.bibliocommons.com/events/search/fq=branch_location_id:(EPLCPL))

Idylwyld Branch:

[https://epl.bibliocommons.com/events/search/fq=branch_location_id:\(EPLIDY\)](https://epl.bibliocommons.com/events/search/fq=branch_location_id:(EPLIDY))

