

SEEECCC DECEMBER 2019 EMAIL UPDATE

www.earlychildhoodedm.ca/southeast

www.facebook.com/SEEECCC



Want to learn more about the Early Childhood Coalitions in and around Edmonton and throughout Alberta? The early years matter!! Check out the new and improved ECCA website:

<https://ecdcoalitions.org/>

FREE PRESCREENING EVENT - PLANNED BY SEEECCC & COMMUNITY OPTIONS

Friday, January 24, 2020 from 10am - 2pm at Fulton Place Community Hall (6115 Fulton Road)

Families, day homes, childcare centers, preschools, etc. are invited to bring children ages 2 ½ - 5 to Fulton Place Community Hall (6115 Fulton Road) on Friday, January 24 from 10am - 2pm. Community Options will have certified staff available to do screenings/assessments for children whose parent(s)/guardian(s) would like to **check if their child's development, speech, and language abilities are age appropriate**. More details to come in October.

from Community Options at 780-482-7758.

EARLY CHILDHOOD RESOURCES AND INFORMATION

THE CHRISTMAS BUREAU OF EDMONTON

The Christmas Bureau of Edmonton is a registered charity that provides festive meals to Edmonton families, seniors and individuals in need. Festive meals are provided either through a food hamper delivered to your door or through a food gift card. If you find yourself in need of

Christmas assistance call **780 414 7695** or visit the Christmas Bureau office at **200, 4230 118 Avenue** (Monday to Friday, 8:00 am to 4:00 pm).

<https://www.christmasbureau.ca/ways-to-help/>

GREAT KIDS AWARD NOMINATIONS

Do you know a young Albertan who has helped build stronger communities while overcoming life's challenges? Consider nominating them for a Great Kids Award. Imagine the difference this award could make in the life of a young Albertan. Consider nominating them for a Great Kids Award! For more information or a nomination form, visit www.greatkids.alberta.ca.

STRESS AND RESILIENCE: HOW TOXIC STRESS AFFECTS US, AND WHAT WE CAN DO ABOUT IT

When the stress in your life just doesn't let up, and it feels like you have no support to get through the day—let alone do everything you need to do to be the best parent you can be—it can seem like there's nothing that can make it better. But there are resources that can help, and this kind of stress—known as “toxic stress”—doesn't have to define your life.

<https://harvard.us4.list-manage.com/track/click?u=641f78fe500d565329121ffc9&id=fe5024b1b0&e=fe9d4399d7>

EDMONTON COUNCIL FOR EARLY LEARNING AND CARE CALLS FOR MORE CULTURE IN CHILD CARE

The **Edmonton Council for Early Learning and Care** is composed of institutional and community partners tasked with improving early learning and care in the city, with a focus on vulnerable populations. It was established in 2016 in response to Action #29 of the End Poverty Edmonton Road Map. End Poverty Edmonton regards affordable and quality childcare as a game changer for ending poverty in a generation.

<https://www.endpovertyedmonton.ca/news/edmonton-council-for-early-learning-and-care-calls-for-more-culture-in-child-care>

PRESCHOOL AGENCY FAIR: MONDAY JAN 20 & THURSDAY FEB 20 FROM 6-8PM

It is for families that have a child that has been identified by AHS that has a severe disability in one or more areas of development. Families would need to have a legal report stating that their child has a severe disability before they would qualify for provincial unit funding PUF. See attachment.

PARENT PLAY SHOP STUDY- PARENTS PLAYING ON PURPOSE STUDY (UNIVERSITY OF ALBERTA)

Parents who enroll in the study will participate in a free parent physical literacy workshop (early- mid December/January), complete 2 questionnaires, and a 10-min interview 2 months after the workshop (depending on group assignment). All parents will take home a goody bag of active play equipment/resources valued at \$30. If you are interested in participating contact the research coordinator Madison Predy (email perbel@ualberta.ca). - see attachment

Upcoming Free Workshops

PRIMROSE FAMILY RESOURCE CENTRE FALL WORKSHOPS

Primrose Place Family Resource Centre 6311 92 Ave.

Primrose has a terrific line-up of free weekly programs for families and free evening workshops for parents (supper and childcare are included) for the fall so check out their attached Program Guide. Also, new this fall is that you can sign-up for the PRIMROSE FREE PARENT

WORKSHOPS on-line at <http://www.primroseplace.org/family-resource-centre/programs-workshops/#workshops>

IN DECEMBER & JANUARY

SIBLING LOVE: WEDNESDAY, DECEMBER 4, 2019

5:30 Dinner & Registration 5:45pm - 7:45pm: Workshop

Have squabbling siblings? Want to learn strategies on how to help your children get along? Come and have a round table discussion with Alissa Hammond, Behaviour Consultant on the best positive behaviour strategies to help your children get along.

PROBLEM SOLVING; DECEMBER 11, 2019

5:30 Dinner & Registration 5:45pm - 7:45pm: Workshop

Want to learn a simple way to help promote independence, executive functioning and resiliency in your children? Join Alissa Hammond in learning how to teach your children how to learn the 4 steps of problem solving and the benefits of why teaching them early will help them be successful in school, social settings and eventually the workplace!

QI FOLLOW UP SENSORY BEHAVIOUR DETECTIVE PART 2: WEDNESDAY JANUARY 8, 2020

5:30 Dinner & Registration 5:45pm - 7:45pm: Workshop

A new series of workshops where parents will be able to get a deeper, better understanding of concepts and have the opportunity to have meaningful discussions and even become teachers themselves with the direction of Jon Jon and the Primrose facilitator.

After each Qi workshops there will be a worksheet sent home. The follow up sessions are going to be a chance to work through the homework as well as ask any questions that may arise and discuss with other parents. This session will be facilitated by the Primrose FCSS Coordinator.

QI CREATING MEANINGFUL INDEPENDENCE: MONDAY JANUARY 27, 2020

5:30 Dinner & Registration 5:45pm - 7:45pm: Workshop

A new series of workshops where parents will be able to get a deeper, better understanding of concepts and have the opportunity to have meaningful discussions and even become teachers themselves with the direction of Jon Jon and the Primrose facilitator.

FULTON CHILD CARE ASSOCIATION FALL WORKSHOPS

Fulton Childcare Association 10310-56 St

<http://www.fultonchildcare.org/wp-content/uploads/2019/05/2019-Program-Guide.pdf>

IN DECEMBER:

ENCOURAGING CLEAR SPEECH: TUESDAY DECEMBER 17, 2019 6:30-8:30PM

To register for workshop, or to arrange childcare, please contact Jessica at 780-667-4383 or fcssdodie@shaw.ca

This workshop will be presented by a Speech-language Pathologist Assistant (SLP-Asst.) from Alberta Health Services. During this workshop, you will learn about typical speech sound development, ways to help your child with their pronunciation and clarity at daycare and at home. You will also have a chance to ask questions of the SLP Assistant. This workshop is for preschool children (age 3-6) who are putting words into sentences but not speaking clearly. It provides general tips on how to help reduce your child's frustration with speaking, and where to get more help for your child if needed. Participants will receive a Certificate of Attendance at the end of the workshop. *This workshop does not provide strategies for stuttering.

FREE WINTER PROGRAMS FOR FAMILIES

FAMILY FUTURES RESOURCE NETWORK WINTER PROGRAM BROCHURE

The Family Futures Resource Network located in Millwoods has over 15 years of experience helping children and families in Edmonton's south east. For information about their free and low cost winter programming please see the link below. Family Futures is excited to feature the following programs this winter: Welcome to Parenthood baby box program, Winter Family Fun Days, Brand New Mama program, Health for Two Group, Managing Motherhood Program. **Please note that registration opens November 30th.** You can register on-line or by calling...780-413-4521. https://familyfutures.ca/docs/Winter_Program_Guide_2019_Website.pdf

FULTON CHILDCARE & PRIMROSE FAMILY RESOURCE CENTER FALL PROGRAM GUIDES

Check out the Fulton Childcare and Primrose Place attached fall program guides for information about free parent workshops, playgroups, purposeful play, family classes, and much more!

<http://www.fultonchildcare.org/wp-content/uploads/2018/05/2018-2019-FCSS-Program-Guide.pdf>

<http://www.primroseplace.org/family-resource-centre/programs-workshops/#programs>

WINTER/ HOLIDAY FUN

PRICELESS FUN GUIDE FALL/ WINTER 2019-2020

Free or low cost arts and culture, sport and recreation, events, and leisure opportunities.

https://www.edmonton.ca/activities_parks_recreation/documents/PricelessFunGuideFALLWINTER.pdf?utm_source=Cyberimpact&utm_medium=email&utm_campaign=South-Community-Networker---Nov-2019

FREE INDOOR PUBLIC SKATING

All Indoor Arenas operated by The City of Edmonton offer FREE public skating! Check out **Parents & Tots Skate and Sticks & Pucks** — The ice is divided. One side for parents and their 3 - 5 year old children. The other side for practice shooting at a net. For times and locations <http://coewebapps.edmonton.ca/communityservices/skating.aspx>

FREE LEARN TO SKATE LESSONS

Provided by the City of Edmonton at Outdoor Rinks right in your neighborhood during Jan and Feb! Check out this link for more information!

https://www.edmonton.ca/activities_parks_recreation/drop-in-learn-to-skate-program.aspx

FREE OUTDOOR PUBLIC SKATING

Skaters have several choices for public outdoor ice-skating surfaces in Edmonton. The City maintains both ground and pond ice rinks in major parks. For skating conditions and hours that the warming shacks are open click on the link. [Outdoor Skating](#)

TOBOGGAN HILLS

- **Emily Murphy Park**
Emily Murphy Park Road and Groat Road
- **Gallagher Park**
97 Avenue and 92 Street
- **Government House Park**
Groat Road and River Valley Road
- **Rundle Park - ACT Hill**
2903 113 Avenue
- **Rundle Park - Walton's Mountain**
2903 113 Avenue
- **Whitemud Park North**
Keillor Road and Fox Drive
-

CAPILANO COMMUNITY'S "LIGHT DECEMBER LIGHTS"

Friday, December 6 from 6-8PM at Capilano Community Hall 10810-54 St
Come and celebrate with Capilano neighbors and friends with horse sleigh rides, Christmas treats, crafts and so much more!

STRATHERN COMMUNITY CHILDREN'S HOLIDAY PARTY

Friday, December 6 from 1:30PM-3:30PM at Strathearn Community Hall 9511-90St

A Very Merry Moosemas- All are welcome to the no charge event!

