

# SEEECCC JANUARY 2020 EMAIL UPDATE

[www.earlychildhoodedm.ca/southeast](http://www.earlychildhoodedm.ca/southeast)

[www.facebook.com/SEEECCC](https://www.facebook.com/SEEECCC)



Want to learn more about the Early Childhood Coalitions in and around Edmonton and throughout Alberta? The early years matter!! Check out the new and improved ECCA website:

<https://ecdcoalitions.org/>

## FREE PRESCREENING EVENT - PLANNED BY SEEECCC & COMMUNITY OPTIONS

*Friday, January 24, 2020 from 10am - 2pm at Fulton Place Community Hall (6115 Fulton Road)*  
Families, day homes, childcare centers, preschools, etc. are invited to bring children ages 2 ½ - 5 to Fulton Place Community Hall (6115 Fulton Road) on Friday, January 24 from 10am - 2pm. Community Options will have certified staff available to do screenings/assessments for children whose parent(s)/guardian(s) would like to **check if their child's development, speech, and language abilities are age appropriate**. More details to come in October.  
from Community Options at 780-482-7758.

## EARLY CHILDHOOD RESOURCES AND INFORMATION

### WHAT ARE ACES AND HOW DO THEY RELATE TO TOXIC STRESS

[https://developingchild.harvard.edu/resources/aces-and-toxic-stress-frequently-asked-questions/?utm\\_source=newsletter&utm\\_medium=email&utm\\_campaign=december\\_2019](https://developingchild.harvard.edu/resources/aces-and-toxic-stress-frequently-asked-questions/?utm_source=newsletter&utm_medium=email&utm_campaign=december_2019)

### EPIGENETICS AND CHILD DEVELOPMENT:

#### HOW CHILDREN'S EXPERIENCES AFFECT THEIR GENES

[https://developingchild.harvard.edu/resources/what-is-epigenetics-and-how-does-it-relate-to-child-development/?utm\\_source=newsletter&utm\\_medium=email&utm\\_campaign=december\\_2019](https://developingchild.harvard.edu/resources/what-is-epigenetics-and-how-does-it-relate-to-child-development/?utm_source=newsletter&utm_medium=email&utm_campaign=december_2019)

### WHAT IS EXECUTIVE FUNCTION? AND HOW DOES IT RELATE TO CHILD DEVELOPMENT?

[https://developingchild.harvard.edu/resources/what-is-executive-function-and-how-does-it-relate-to-child-development/?utm\\_source=newsletter&utm\\_medium=email&utm\\_campaign=december\\_2019](https://developingchild.harvard.edu/resources/what-is-executive-function-and-how-does-it-relate-to-child-development/?utm_source=newsletter&utm_medium=email&utm_campaign=december_2019)

## **PRESCHOOL AGENCY FAIR: THURSDAY FEB 20 FROM 6-8PM**

It is for families that have a child that has been identified by AHS that has a severe disability in one or more areas of development. Families would need to have a legal report stating that their child has a severe disability before they would qualify for provincial unit funding PUF. See attachment.

## **Upcoming Free Workshops**

### **PRIMROSE FAMILY RESOURCE CENTRE FALL WORKSHOPS**

**Primrose Place Family Resource Centre 6311 92 Ave.**

Primrose has a terrific line-up of free weekly programs for families and free evening workshops for parents (supper and childcare are included) for the fall so check out their attached Program Guide. Also, new this fall is that you can sign-up for the PRIMROSE FREE PARENT WORKSHOPS on-line at <http://www.primroseplace.org/family-resource-centre/programs-workshops/#workshops>

### **IN JANUARY:**

#### **QI FOLLOW UP SENSORY BEHAVIOUR DETECTIVE PART 2: WEDNESDAY JANUARY 8, 2020**

5:30 Dinner & Registration 5:45pm - 7:45pm: Workshop

A new series of workshops where parents will be able to get a deeper, better understanding of concepts and have the opportunity to have meaningful discussions and even become teachers themselves with the direction of Jon Jon and the Primrose facilitator.

After each Qi workshops there will be a worksheet sent home. The follow up sessions are going to be a chance to work through the homework as well as ask any questions that may arise and discuss with other parents. This session will be facilitated by the Primrose FCSS Coordinator.

#### **QI CREATING MEANINGFUL INDEPENDENCE: MONDAY JANUARY 27, 2020**

5:30 Dinner & Registration 5:45pm - 7:45pm: Workshop

A new series of workshops where parents will be able to get a deeper, better understanding of concepts and have the opportunity to have meaningful discussions and even become teachers themselves with the direction of Jon Jon and the Primrose facilitator.

### **FULTON CHILD CARE ASSOCIATION FALL WORKSHOPS**

**Fulton Childcare Association 10310-56 St**

<http://www.fultonchildcare.org/wp-content/uploads/2019/05/2019-Program-Guide.pdf>

### **IN JANUARY:**

#### **GOODBYE BEDTIME BATTLES**

Thursday January 17, 2019 6:15 - 8:30pm

Register for workshop and/or arrange childcare with Jessica at 780-667-4383 or [fcssdodie@shaw.ca](mailto:fcssdodie@shaw.ca)

Bedtimes can be a struggle for your child and family. Come to this free introductory workshop to help make bedtimes more peaceful. The workshop is for parents of children 6 months to 5 years of age. Join other parents and the pediatric Occupational Therapist (OT) to: Learn more about the many different factors that influence a child's sleep: routine, environment, and positive sleep-time associations. Discover how to begin and continue healthy sleep habits. Choose which first step strategies best fit your child and family.

## **PRESCHOOL/ PLAYSCHOOL UPCOMING OPEN HOUSES:**

### **CAPILANO PLAYSCHOOL TRIAL CLASS AND OPEN HOUSE**

Wed, Jan. 29 at Hardisty School (10534 - 62 Street)

\*FREE Trial Class from 6 - 6:30pm and Open House from 6:30 - 7:30pm. 2 or 3-day programs offered during the mornings. Phone 780-802-9307 to reserve your spot for the trial class.

**DIE KLEINE KINDERSCHULE (DKK)** is a non-profit preschool for 3-5 year olds taught in both English and German. Includes educational field trips, special guests, events and learning through play,

[DKKplayschool.org](http://DKKplayschool.org)

**Rio Terrace School**, (7608-154 St) Thursday, February 6 from 6:30-8pm

**German Club** (8310 Roper Rd) Wednesday, March 4 from 6-8pm

**Forest Heights School** (10304-81 St) Thursday, March 19 from 5-7pm

**SUZUKI CHARTER PRESCHOOL** (10720-54 St.) Thursday, February 6 at 6:30 pm.

-school email is [suzukischool.ca](mailto:suzukischool.ca), school phone # is 780-468-2598, contact person for preschool is Karen Lietz ([lietzk@suzukischool.ca](mailto:lietzk@suzukischool.ca)) and for school registration is Lisa Leflar ([leflar@suzukischool.ca](mailto:leflar@suzukischool.ca)).

**BONNIE DOON PLAYSCHOOL** (8631-81 St located in Idylwylde Community League)

Thursday, February 27 from 5:30-7:30PM

Bonnie Doon Playschool offers two programs: An Early Learning Foundations (age 3) and our Kindergarten Readiness Program (age 4-5), both instructed by our two amazing and experienced teachers. Our programs are designed to explore theme-based activities delivered through stories, songs, art activities, music and dramatic play. We also introduce the Learning Without Tears™ curriculum.

Discover the fun of learning and the joy of being part of a classroom community through the program best suited for your child.

Contact: Megan - Registrar

<https://www.bonniecoonplayschool.ca>

**CAMINITOS SPANISH PLAYSCHOOL** (9425- 76 AVE) Thursday, February 13 from 6-7PM

Email Registrar: [register@caminitosplayschool.com](mailto:register@caminitosplayschool.com)

Website: [caminitosplayschool.com](http://caminitosplayschool.com)

A licensed, non-profit Spanish-English bilingual playschool for children 3 to 5 years old and potty-trained. No previous knowledge of Spanish is required. All children, regardless of their Spanish skills, are welcome to attend. Since 1999, hundreds of Edmonton children have benefitted from an early start in Spanish by attending Caminitos' play-based program.

## **FREE WINTER PROGRAMS FOR FAMILIES**

### **FAMILY FUTURES RESOURCE NETWORK WINTER PROGRAM BROCHURE**

The Family Futures Resource Network located in Millwoods has over 15 years of experience helping children and families in Edmonton's south east. For information about their free and low cost winter programming please see the link below. Family Futures is excited to feature the following programs this winter: Welcome to Parenthood baby box program, Winter Family Fun Days, Brand New Mama program, Health for Two Group, Managing Motherhood Program. **Please note that registration opens November 30th.** You can register on-line or by calling...780-413-4521.

[https://familyfutures.ca/docs/Winter\\_Program\\_Guide\\_2019\\_Website.pdf](https://familyfutures.ca/docs/Winter_Program_Guide_2019_Website.pdf)

### **FULTON CHILDCARE & PRIMROSE FAMILY RESOURCE CENTER FALL PROGRAM GUIDES**

Check out the Fulton Childcare and Primrose Place attached fall program guides for information about free parent workshops, playgroups, purposeful play, family classes, and much more!

<http://www.fultonchildcare.org/wp-content/uploads/2018/05/2018-2019-FCSS-Program-Guide.pdf>

<http://www.primroseplace.org/family-resource-centre/programs-workshops/#programs>

## **WINTER/ HOLIDAY FUN**

### **SERVUS FREE ACCESS NIGHT AT THE ALBERTA AVIATION MUSEUM**

Great news, aviation fans! Alberta's largest credit union is helping you get a fun lesson in history, for FREE! Servus FREE Access Night at the Alberta Aviation Museum allows everyone to access the museum for free, one night per month.

The Alberta Aviation Museum is a key player in keeping aviation heritage alive, by sharing the stories of the men and women who flew from the historic Blatchford Field in Edmonton. Free Access Night will be held the last Thursday of every month.

Servus Free Access Night at the Alberta Aviation Museum Last Thursday of every month 5 pm to 8 pm at Alberta Aviation Museum, 11410 Kingsway NW, Edmonton **Phone:** 780-451-1175 **Website:** [www.albertaaviationmuseum.com](http://www.albertaaviationmuseum.com)

### **PRICELESS FUN GUIDE FALL/ WINTER 2019-2020**

Free or low cost arts and culture, sport and recreation, events, and leisure opportunities.

[https://www.edmonton.ca/activities\\_parks\\_recreation/documents/PricelessFunGuideFALLWINTER.pdf?utm\\_source=Cyberimpact&utm\\_medium=email&utm\\_campaign=South-Community-Networker---Nov-2019](https://www.edmonton.ca/activities_parks_recreation/documents/PricelessFunGuideFALLWINTER.pdf?utm_source=Cyberimpact&utm_medium=email&utm_campaign=South-Community-Networker---Nov-2019)

### **FREE INDOOR PUBLIC SKATING**

All Indoor Arenas operated by The City of Edmonton offer FREE public skating! Check out **Parents & Tots Skate and Sticks & Pucks** — The ice is divided. One side for parents and their 3 - 5 year old children. The other side for practice shooting at a net. For times and

locations <http://coewebapps.edmonton.ca/communityservices/skating.aspx>

## **FREE LEARN TO SKATE LESSONS**

Provided by the City of Edmonton at Outdoor Rinks right in your neighborhood during Jan and Feb! Check out this link for more information!

[https://www.edmonton.ca/activities\\_parks\\_recreation/drop-in-learn-to-skate-program.aspx](https://www.edmonton.ca/activities_parks_recreation/drop-in-learn-to-skate-program.aspx)

## **FREE OUTDOOR PUBLIC SKATING**

Skaters have several choices for public outdoor ice-skating surfaces in Edmonton. The City maintains both ground and pond ice rinks in major parks. For skating conditions and hours that the warming shacks are open click on the link. [Outdoor Skating](#)

## **TOBOGGAN HILLS**

- **Emily Murphy Park**  
Emily Murphy Park Road and Groat Road
- **Gallagher Park**  
97 Avenue and 92 Street
- **Government House Park**  
Groat Road and River Valley Road
- **Rundle Park - ACT Hill**  
2903 113 Avenue
- **Rundle Park - Walton's Mountain**  
2903 113 Avenue
- **Whitemud Park North**  
Keillor Road and Fox Drive

