



# **SOUTHEAST EDMONTON EARLY CHILDHOOD COMMUNITY COALITION PRESENTS.....**

**Saturday, March 21, 2020 from 8:45AM-12PM**

**St. Anthony's Center 10425-84 AVE**

**JOIN US FOR A **FREE** WORKSHOP FOR CHILDCARE PROFESSIONALS,  
EARLY LEARNING TEACHERS, PRESCHOOL & CHILDCARE BOARD MEMBERS, AND PARENTS**

## **CREATING CIRCLE TIME**

**BY LAURA ARMSTRONG, ECE**

This informative, engaging, and interactive workshop features circle time activities for all age groups, infants to school-aged. It is designed for parents and Early Childhood Educators, and supports children individually as well as in small or large groups. Every attendee will receive an extensive list of the games, songs, and activities covered. These include finger games, action games and songs, rhythm activities, seasonal and holiday favorites, and much more. You will be singing and dancing as we learn the songs and actions together, so come dressed to move your body! With tons of different ideas including old favorites and new wonders, there is something for everyone presented here.

These activities run the gamut from quiet to very active, calming to energizing, and soft in volume to loud. Children who experience regular circle time activities reap many benefits, including:

- Greater self-control
- Enhanced gross and fine motor development
- Increasing social and communication skills
- Building a closer relationship with their caregiver
- Learning concepts such as “up” and “down”
- Providing scaffolding opportunities for greater achievement
- Experience in following instructions and behaving as part of a group

### **About Laura Armstrong**

Laura Armstrong, a recipient of the 2017 Child Development Professional Awards of Excellence, has been working with children as an Early Childhood Educator for over a decade. She has run an accredited day home in Edmonton for the past ten years, is anticipating completion of a degree in Child and Youth Care in spring of 2020, and finds offering workshops in the childcare field to be one of the most rewarding aspects of her career.

**\*CREATING CIRCLE TIME CD'S ARE AVAILABLE FOR PURCHASE AT THE WORKSHOP.  
\$10 EACH, CASH ONLY PLEASE!**

**TO REGISTER: email Marzena at [se.coalition2@gmail.com](mailto:se.coalition2@gmail.com)**