

FOR IMMEDIATE RELEASE

- Supporting 50+ Lifelong Learning in Edmonton -

The Edmonton Lifelong Learners Association ([ELLA](#)) is pleased to announce its Spring Session of 21 on-line continuing education courses for adults aged 50+.

In partnership with the University of Alberta Faculty of Extension, ELLA offers affordable, relevant, challenging, and fun learning that promotes mental and physical well-being from home. Our courses have no prerequisites, homework, or exams; just lots of opportunity to learn.

Courses in Art Instruction, Fine Arts, Humanities, Science, and Wellness and Leisure start April 19, 2021 with some running until June 11, 2021. Course cost is based on the hours of instruction, ranging from 7 to 30 hours, and works out to approximately \$5.00 per hour for an expert-led class.

Examples of some of our 20 course offerings include:

- Oil and the Political Economy of Alberta
- Soft Pastels (Chalk) - introductory level
- Global Health in the Era of COVID
- Two Centuries of Indigenous Histories and Resistance to The Hudson's Bay Company (1670-1870)The North Saskatchewan River and its Watershed.

For the full course list and descriptions, go to <https://my-ella.com/current-courses/>. Get started at <https://my-ella.com/> to get your membership and register in courses now.

An ELLA membership (\$25 for the year), available at <https://my-ella.com/join-us/> is required to register for courses.

Registration starts March 8 and registration for some courses is limited, so don't delay.

About ELLA

The Edmonton Lifelong Learners Association (ELLA), in partnership with the University of Alberta Faculty of Extension, has delivered expert-led, continuing education courses for adults 50+ for 20 years. Our students range in age from 50 to 95+ years. ELLA is run entirely by volunteers and is a registered not-for-profit organization with charitable status. This year, we logged 5800 volunteer hours!

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